



Active Health
Physiotherapy Clinic

Men's Health Services



Spreading awareness one man at a time

Real-time ultrasound
Clinical Pilates Mat classes
Musculoskeletal physio
Dry needling
Online bookings
HICAPS

We address

- Continence
- Pre and post prostatectomy pelvic floor rehabilitation
- Male pelvic pain
- Erectile dysfunction

Other services offered by the practice include Pilates Mat classes for people with pelvic organ prolapse and chronic low back pain, musculoskeletal ultrasound of peripheral and core muscle, acupuncture and dry needling, individual Pilates mat programmes and post-surgical rehabilitation.

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